

## **Introduction**

The insurance provided through the British American Football Association provides individuals with an opportunity to trial the sport in advance of a new season.

Any individual, whether they are interested in contact or flag football, is entitled to a maximum of three trial sessions prior to making a decision as to whether they will commit to the sport or not by formally registering with the club and the Governing Body.

All trial sessions must adhere to the following format:

- Be overseen by a qualified and registered coach.
- Where young people (u18) and vulnerable adults are involved the Safeguarding officer must be present with those trialling and their parents / guardian knowing who that individual is.
- Trial sessions should be appropriately structured and not include a scrimmage or game.

Records must be kept of all attendees at each session with the trialist providing details relating to:

- Their age.
- Their address and contact details.
- Contact details of parent / guardian / other appropriate person to contact if required.

The qualified coach should provide details of appropriate equipment fitting and also highlight the risks of playing football. Each trialist must be advised to declare any medical issues which may require consideration prior to allowing them to take part and which could affect a decision on their participation or the subsequent handling of any situation which occurs during a session. This must be handled in the strictest confidence and could affect any claim.

Clubs may use their own forms for this purpose.

**Statement of Intent**

Once a trialist has reached a stage where they wish to continue then they should sign a statement of intent in lieu of any Governing Body registration system being active. A club may use its own form for this purpose or use the model below. Any document should contain the following statement:

*This document is to show that the named person has undertaken their allotted trial sessions and has made the decision to continue pre-season training with a view to competing in the forthcoming season be it within the leagues or as part of a development process.*

*In signing this document they recognise that they are making this commitment. Where somebody is signing on their behalf (as a named responsible person i.e. for young people) they too recognise the commitment being made.*

Name of Individual \_\_\_\_\_

Date of Birth \_\_\_\_\_

Name of Club \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Contact Number \_\_\_\_\_

In signing this I recognise that commitment being made and I confirm that all relevant medical and safeguarding concerns have been reported to the club

Signature of Individual (or Responsible Other) \_\_\_\_\_

Signature of Club Official \_\_\_\_\_

*Both to be dated and Written in Bold Too.*